



OVOENERGEN™

Megadose CoQ10 supplement for female fertility*
Dietary Supplement

KEEP OUT OF REACH OF CHILDREN.

In case of accidental overdose, call a physician or poison control immediately.

POTENTIAL SIDE EFFECTS: Reported side effects of CoQ10 include upset stomach, loss of appetite, nausea, vomiting and diarrhea. It can cause allergic skin rashes in some people.

FOR WOMEN ONLY

DESCRIPTION: OVOENERGEN™ is a mega-dose nutritional supplement of pharmaceutical-grade coenzyme Q10 (CoQ10), developed in collaboration with leading fertility researchers of CoQ10, specifically to enhance female fertility by improving overall egg quality*. For maximum absorption, OVOENERGEN™ is provided as an oil-suspended soft gel[†]. Each soft gel is white in color and opaque, and contains 333 mg of CoQ10, more than three times the dosage of most other CoQ10 products. Every batch of OVOENERGEN™ undergoes a rigorous 3-step quality assurance process, including independent laboratory testing for potency.

CoQ10 may lower blood pressure. Consult a health care provider before starting OVOENERGEN™ and monitor your blood pressure carefully if you have very low blood pressure. CoQ10 may also increase the effects of medications used to lower blood pressure. Consult a health care provider before starting OVOENERGEN™ if you are taking medications to lower blood pressure. Also, discuss your use of OVOENERGEN™ with your health care provider if you are scheduled to have a surgery, as CoQ10's effects on blood pressure may interfere with blood pressure control during and after a surgery. It is recommended to discontinue OVOENERGEN™ use at least two weeks before scheduled surgery.

There is not enough information on the use of CoQ10 during pregnancy and breast-feeding. To be on the safe side, discontinue supplementation with OVOENERGEN™ once pregnant, and do not resume until completion of breast-feeding.

CoQ10 may have interactions with medications, including, but not limited to, chemotherapeutic medications, antihypertensive drugs and Warfarin (Coumadin). If you are taking any prescription medications, consult your health care provider before starting supplementation with OVOENERGEN™.

Should supplementation with OVOENERGEN™ lead to unwanted side effects, discontinue supplementation or consult with a health care provider immediately.

To report any adverse effects associated with OVOENERGEN™ call 212-628-0851.

HOW SUPPLIED: OVOENERGEN™ is uniquely packaged in individual blister sheets, each containing one week's supply of 21 softgels in a 3 (daily 333 mg softgels) by 7 (days in a week) layout. Each box contains 4 sheets (84 softgels), a four-week supply.

STORAGE: OVOENERGEN™ should be stored between 15°-30°C/59°-86°F). Protect from heat, light and moisture.

Manufactured for:



New York, NY 10075

Manufactured by:

GSN
West Caldwell, NJ, 07006

For additional information call: 212-628-0851.

Last revised: 5/29/2014

Supplement Facts

Serving Size 1 Soft Gel

Amount per serving

Coenzyme Q-10	333 mg †
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[†]Daily Value (DV) not established.

OTHER/INACTIVE INGREDIENTS: Medium chain triglycerides, gelatin, glycerin, soy lecithin, titanium dioxide, beeswax.

WHAT IS COQ10?: CoQ10 is a vitamin-like substance that acts as an antioxidant, found throughout the body. In studies, CoQ10 has been shown to protect mitochondria, the energy-producing elements within cells, from oxidative damage*. Oxidative damage accumulates with advancing age, while natural levels of CoQ10 in the body decline with age. CoQ10 plays an important role in cellular metabolism, including that of human eggs (oocytes)*. As the largest cells in the body, eggs (oocytes) have by far the largest number of mitochondria in any cells. CoQ10 transports electrons and protons into the mitochondria, helping the mitochondria maintain membrane potential. CoQ10 also drives the synthesis of ATP, a molecule that acts like a rechargeable battery, supplying essential energy to the cell.

POTENTIAL BENEFITS: CoQ10 is believed to enhance female fertility by improving egg quality through robust energy metabolism and protection from oxidative stress*.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

SAFETY: CoQ10 is considered safe for most adults when taken by the mouth. Children should not take OVOENERGEN™ without medical supervision.